

# Canadian Lifesaving Manual

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updated with the 2020 cpr guidelines the clm is the reference text for instructors and candidates for all lifesaving training levels candidates require the canadian lifesaving manual for the bronze medal awards first aid training and the lifesaving instructor course lifeguarddepot.com

the only comprehensive manual for the training and reference of lifeguards at both surf and inland beaches this manual is designed to be used in basic training of open water beach lifeguards and in junior lifeguard programs it is an essential reference for beach lifeguard supervisors and administrators this text is consistent with the requirements of the usla lifeguard agency certification program over 300 pages in length the manual contains over 100 photographs and 25

technical drawings

provides instruction in water safety rescue and emergency care

this manual meets the emergency medical training needs of individual soldiers page iii

the code of federal regulations is the codification of the general and permanent rules published in the federal register by the executive departments and agencies of the federal government

since the first edition of the handbook on drowning in 2005 many epidemiological data have confirmed the burden of drowning in several parts of the world studies have increased the understanding of effective drowning prevention strategies rescue techniques and treatment options much has been learned about submersion and immersion hypothermia scuba diving injuries the life saving preparations of water related disasters and how to deal with forensic investigations in this updated second edition experts from around the world provide a complete overview of current research data consensus statements and expert opinions the book drowning provides evidence based practical information and has a unique informative value for various groups with tasks duties and responsibilities in this domain in addition the book may be an inspiration for future networks and research initiatives

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