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hospital preparation for bioterror provides an extremely timely guide to improving the readiness of hospitals or healthcare organizations to manage mass casualties as a result of bioterrorism biological warfare and natural disasters contributions from leading law enforcement agencies hospital administrators clinical engineers surgeons and terror prevention professionals provide the most comprehensive well rounded source for this valuable information chapters on logistics and protecting the infrastructure help personnel distinguish the specific risks and vulnerabilities of each unique institution and assists in identifying specific solutions for disaster and bioterrorism preparedness principles and techniques discussed are applicable to all disasters both large and small not just bioterrorism technical aspects such as hospital power and telecommunications are covered in addition to patient care response to mass casualties large scale drills and surge capacity organized along functional lines patient flow medical specialty and infrastructure a complimentary website with supplementary materials check lists and references enhances the text and provides additional resources for preparedness

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a raid on the red sea is a thrilling real life story of gun running and the intelligence and military operation that foiled it

widespread poverty and malnutrition an alarming refugee crisis social unrest and economic polarization have become our lived reality as the top 1 of the world s seven billion plus population pushes the planet and all its people to the social and ecological brink in oneness vs the 1 vandana shiva takes on the billionaires club of gates buffet and zuckerberg as well as other modern empires whose blindness to the rights of people and to the destructive impact of their construct of linear progress have wrought havoc across the world their single minded pursuit of profit has undemocratically enforced uniformity and monocultures division and separation monopolies and external control over finance food energy information healthcare and even relationships basing her analysis on explosive little known facts shiva exposes the 1 s model of philanthrocapitalism which is about deploying unaccountable money to bypass democratic structures derail diversity and impose totalitarian ideas based on one science one agriculture and one history she calls for the resurgence of real knowledge real intelligence real wealth real work real well being so that people can reclaim their right to live free think free breathe free eat free

combining your body s paleolithic needs with modern nutritional and medical research for complete mind body wellness provides sustainable diet strategies to curb sugar cravings promote fat burning and weight loss reduce stress and anxiety improve sleep and moods increase energy and immunity and enhance memory and brain function shows how our modern diet leads to weight gain and diseases of civilization such as cancer osteoporosis metabolic syndrome heart disease and add explains how diet affects the brain hormone balance and the aging process and the crucial role of vitamin d in cancer and disease prevention examining the healthy lives of our pre agricultural paleolithic ancestors and the marked decline in stature bone density and dental health and the increase in birth defects malnutrition and disease following the implementation of the agricultural lifestyle nora gedgaudas shows how our modern grain and carbohydrate heavy low fat diets are a far cry from the high fat moderate protein hunter gatherer diets we are genetically programmed for leading not only to lifelong weight gain but also to cravings mood disorders cognitive problems and diseases of civilization such as cancer osteoporosis metabolic syndrome insulin resistance heart disease and mental illness applying modern discoveries to the basic hunter gatherer diet she culls from vast research in evolutionary physiology biochemistry metabolism nutrition and chronic and degenerative disease to unveil a holistic lifestyle for true mind body health and longevity revealing the primal origins and physiological basis for a high fat moderate protein starch free diet and the importance of adequate omega 3 intake critical to our brain and nervous system but sorely lacking in most people s diets she explains the nutritional problems of grains gluten soy dairy and starchy vegetables which natural fats promote health and which such as canola oil harm it the crucial role of vitamin d in cancer and disease prevention the importance of saturated fat and cholesterol and how diet affects mental health memory cognitive function hormonal balance and cellular aging with step by step guidelines recipes and meal recommendations this book offers sustainable strategies for a primally based yet modern approach to diet and exercise to reduce stress and anxiety lose weight improve sleep and mood increase

energy and immunity enhance brain function save money on groceries and live longer and happier

this case study examines country level primary health care phc systems in sudan in the context of the covid 19 pandemic between march 2020 and july 2020 the case study is part of a collection of case studies providing critical insights into key phc strengths challenges and lessons learned using the astana phc framework which considers integrated health services multisectoral policy and action and people and communities led by in country research teams the case studies update and extend the primary health care systems primasys case studies commissioned by the alliance in 2015

this compendium on plant foods for good health by an expert biologist is a collection of critical information about the biology chemistry genetics potential benefits and medicinal value of important plants that provide good nutrition leading to good health as well as chemoprevention this book is a storehouse house of information about nutraceuticals and how they help in maintaining good health together with phytochemicals and toxicity information the book details concisely the botany and nutritional value of cereals ancient grains legumes oil plants vegetables fruits spices and beverage plants together with health implications in readable language that will attract students teachers scientists and laymen moreover this book helps the reader to understand the basic medicinal biology of cancer cardio vascular disease diabetes gastrointestinal urino genital skin and other functional diseases and the role of nutrition in preventive good health this book is a guide a reference book a text book or just a book for those asking the why and how of phytonutrients

marcel duchamp is today considered one of the most significant 20th century artists worldwide his far reaching influence is visible within a variety of areas of creative production and critical inquiry extending far beyond the world of art duchamp accelerated contemporary perspectives examines duchamp and his reception through a series of essays that explore the ongoing impacts of his life ideas and practice on innumerable fields of research practice and study contributors include art historians curators artists and writers who offer histories and approaches that actively challenge dominant narratives on duchamp discussing his influences from a multitude of different disciplinary and cultural perspectives written in the specific context of the 21st century this volume situates the artist firmly in a global context and highlights the numerous influences from theories of perception and the writings of georges bataille to travels in argentina that shaped his ideas and art this volume pushes current understandings of duchamp beyond existing limits by accelerating the histories encounters dialogues and interpretations of his practice with a focus on contemporary perspectives the accelerated duchamp that emerges from this analysis is one who not only speeds up notions of art in relation to cultural and political histories but one whose practice is actively informing future developments in the worlds of art and material culture today

while asia s growth record in recent decades is remarkable it has been marred by rising inequalities this book looks at recent trends of income and non income inequalities in developing asian countries discusses their underlying driving forces and examines key policy issues that need to be addressed to ensure that the benefits of growth will be more equitably shared in asia the book also presents a set of country studies that provide rich information on growth poverty and inequality dynamics and the policy challenges that arise in marching toward inclusive growth

in the last decade pharmacoepidemiology has emerged as an important field to study the use effects of drugs in large populations in real life allowing for improved benefits and effectiveness of drugs as well as a decline in drug related risks the correct assessment reporting monitoring and prevention of adverse events in drugs development as well as therapy and post market surveillance is essential to improve clinical therapies and health outcomes this book provides a comprehensive and unique overview of the relevance new insights and recent findings of pharmacoepidemiology and drug safety in public health

this volume represents the result of almost two decades of trans atlantic collaborative development of a policy research paradigm the international comparative rural policy studies program over this period dozens of scientists from different disciplines but with a common interest in rural issues and policy have collaboratively studied the policies in north america europe and other parts of the world a core element of the book is the idea and practice of comparative research and analysis what can be learned from comparisons how and why policies vary in different contexts and what lessons might or might not be transferable across borders it provides skills for the use of comparative methods as important tools to analyze the functioning of strategies and specific policy interventions in different contexts and a holistic approach for the management of resources in rural regions it promotes innovation as a tool to valorize endogenous resources and empower local communities and offers case studies of rural policy in specific contexts the book largely adopts a territorial approach to rural policy this means the book is more interested in rural regions their people and economies and in the policies that affect them than in rural sectors and sectoral policies per se the audience of the book is by definition international and includes students attending courses in agricultural and rural policy rural and regional studies and natural resource management lecturers seeking course material and case studies to present to their students in any of the courses listed above professionals working in the field of rural policy policy makers and civil servants at different levels seeking tools to better understand rural policy both at the local and global scale and to better recognize and comprehend how to transfer best practices

in 1978 the films snake in the eagle s shadow and drunken master both starring a young jackie chan caused a stir in the hong kong cinema industry and changed the landscape of martial arts cinema mixing virtuoso displays of acrobatic kung fu with knockabout humor to huge box office success they broke the mold of the tragic and heroic martial arts film and sparked not only a wave of imitations but also a much longer trend for kung fu comedies that continues to the present day legacies of the drunken master the first book length analysis of kung fu comedy interrogates the politics of the films and their representations of the performing body it draws on an interdisciplinary engagement with popular culture and an interrogation of the critical literature on hong kong and martial arts cinema to offer original readings of key films these readings pursue the genre in terms of its carnival aesthetic the utopias of the body it envisions its highly stylized depictions of violence its images of masculinity and the registers of its hysterical laughter the book s analyses are carried out amidst kung fu comedy s shifting historical contexts including the aftermath of the 1960s radical youth movements the rapidly globalizing colonial enclave of hong kong and the emerging consciousness of its 1997 handover to china and the transnationalization of cinema audiences it argues that through kung fu comedy s images of the body the genre articulated in complex and often contradictory ways political realities relevant to late twentieth century hong kong and the wider conditions of globalized capitalism the kung fu comedy entwines us in a popular cultural history that stretches into the folk past and forward into utopian and dystopian possibilities theoretically rich and critical legacies of the drunken master aims to be at the forefront of scholarship on martial arts cinema it also addresses readers with a broader interest in hong kong culture and politics during the 1970s and 1980s postcolonialism in east asia and action and comedy films in a global context as well as those fascinated with the performing body in the martial arts

shaping the future of child and adolescent mental health towards technological advances and service innovations coincides with the 25th international association for child and adolescent psychiatry and allied professions iacapap congress in dubai from december 5 9 2022 there are three overarching themes of this book firstly the impact of the internet and digital technologies on the mental health and well being of children and adolescents including computerized therapies and the fundamental role of technologies to advance knowledge in the field secondly a theme on harnessing the expansion of knowledge on psychiatric disorders and their treatment for children and adolescents exemplified by chapters on different kinds of adversity in child and adolescent mental health and a chapter on precision therapeutics given the location of the iacapap congress the third theme focuses on aspects of child and adolescent mental health in the eastern mediterranean region chapters provide insights into a broad range of contemporary technology and service innovation related topics in child and adolescent

psychiatry and mental health these include growing up in the digital age cyberbullying clinical applications of big data and machine learning computerized cognitive behavioral therapy technology enhanced learning lessons from covid 19 new understanding of the consequences of psychological trauma autoimmune encephalitis and precision therapeutics in depression acknowledging the global challenge of child and adolescent psychiatry and mental health readers will find an emphasis on contextual challenges in the field including innovations for scaling up of mental health intervention in low and middle income countries and research and training in the eastern mediterranean region emphasizes digital influences and applications in child and adolescent mental health research psychiatric treatments and training highlights children and adolescents in adversity including covid 19 and psychological trauma appraises new approaches to understanding selected psychiatric disorders in children and adolescents addresses the research in child and adolescent psychiatry and mental health across the eastern mediterranean region and training in the gulf region

this textbook is a practical guide to the application of the philosophy and principles of integrative and functional medical nutrition therapy ifmnt in the practice of medicine and the key role nutrition plays in restoring and maintaining wellness the textbook provides an overview of recent reviews and studies of physiological and biochemical contributions to ifmnt and address nutritional influences in human health overall including poor nutrition genomics environmental toxicant exposures fractured human interactions limited physical movement stress sleep deprivation and other lifestyle factors ultimately this textbook serves to help practitioners healthcare systems and policy makers better understand this different and novel approach to complex chronic disorders it provides the reader with real world examples of applications of the underlying principles and practices of integrative functional nutrition therapies and presents the most up to date intervention strategies and clinical tools to help the reader keep abreast of developments in this emerging specialty field many chapters include comprehensive coverage of the topic and clinical applications with supplementary learning features such as case studies take home messages patient and practitioner handouts algorithms and suggested readings integrative and functional medical nutrition therapy principles and practices will serve as an invaluable guide for healthcare professionals in their clinical application of nutrition lifestyle assessment and intervention for each unique individual patient

this book is intended for students and scientists working in the field of dna repair select topics are presented here to illustrate novel concepts in dna repair the cross talks between dna repair and other fundamental cellular processes and clinical translational efforts based on paradigms established in dna repair the book should serve as a supplementary text in courses and seminars as well as a general reference for biologists with an interest in dna repair

instead of running to the doctor every time you get sick you can avoid the illness in the first place with the solutions offered in the doctor s guide to surviving when modern medicine fails no matter your current state of health these easy to follow steps will help you elevate your health and live a longer life this book goes above the standard of healthy eating and exercise dr johnson tells you what to eat how to employ proven dietary supplements as allies in your health ways regularly cleanse your body of toxins and harmful chemicals to prevent common colds and diseases and how to get the most out of physical activity and more the techniques outlined by dr scott a johnson will create a bodily environment inhospitable to heart disease cancer diabetes and more through the sensible approach in the doctor s guide to surviving when modern medicine fails

in social problems community policy and social action anna leon guerrero provides a thorough exploration of the social problems that permeate our world today the book is designed around three key connections the link between sociology and the study of social problems the relationship between social problems and their solutions and the personal connection readers can make in recognizing and addressing social problems in their own communities each chapter focuses on a specific social problem examining its roots in social inequality and its manifestations in various social policies and programs the eighth edition is enriched with

personal stories of ordinary individuals who have accomplished extraordinary feats in their communities providing readers with inspiration and guidance on how they too can make a difference

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